



By
Kim Bowman Newlen ☺
Introducing
Sweet Hannah Ellenburg

Eternal Dividends

“My daughter is a student at the university. She came home tonight and called me so excited about her experience going to *Sweet Monday*. Thank you for opening your home to her and sharing your story. She was so impressed with your outlook on life and your faith in our Savior, Jesus Christ. I just wanted you to know that you really touched a young woman who is trying to figure out who she is.”

~Sweet Sherry, Virginia

“With so many negative happenings in our world, how refreshing to look forward to a *Sweet Monday* and encourage women with the sweet love of Christ!”

~Sweet Phyllis, Texas

“I have enjoyed bringing *Sweet Monday* to Hungary and to my life. It has been fun to have a way to keep in touch with women that I don't see weekly. I have been able to share my faith with some women and also have seen some of the other women share their faith too. It has been fun to share *Sweet Monday* (Édes Péntek-or Sweet Friday) with other Hungarian women.”

~Sweet Beth, Hungary

“Since starting *Sweet Monday* in September last year, we have had 21 non-Christian women attend, and many of them keep coming back.”

~Sweet Lynda, Australia

“We [*Sweet Monday*] are her first introduction to Christ. One thing I saw her reading was the words to the old hymn *Amazing Grace*.”

~Sweet Jackie, Australia

“I just ordered all 3 volumes and can hardly wait to receive them. I would like you to send me ANYTHING that can help me get started. I am soooooo excited about this new adventure in women's ministry. I believe that God is calling me to the mission field – right in my own community. It is a women's mission field where we offer a place of peace, comfort, hope and joy. A place of grace!

~Sweet Cindy, Georgia

“[My neighbor said,] ‘I never knew how warm you could feel inside until I started coming to *Sweet Monday*.’ My neighbor has now accepted Jesus as her Lord and if not a single person ever comes to my *Sweet Monday* again, it will all be worth it because of the wonderful change in my neighbor.”

~Sweet Beth, Virginia

*No eye has seen, no ear has heard, no mind has conceived what God
has prepared for those who love him. 1 Corinthians 2:9 NIV*



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To
My Daughter

Special K, Kali
(Pronounced "Callie")

A new college freshman!

*If God wasn't there with you, I could not have let you go!
I long for His best for you and all you meet –
Him and His good, acceptable and perfect will!
Life doesn't get any better than that!*

I love you,

BSSYP 



Contents for College Semesters

Volume Five

Letters from Sweet Hannah and Kim
Sweet Acknowledgements

SEPTEMBER	HATS OFF!.....	1
OCTOBER	A BEAUTY - FULL EVENING.....	3
NOVEMBER	MASK AWAY.....	5
DECEMBER	PURSE SWAP.....	7
FEBRUARY	PAULA WHO?!?.....	9
MARCH	PICTURE PERFECT!.....	11
APRIL	CLUTTER AUCTION!.....	13
MAY	GRAFFITI "TEE" PARTY!.....	15

HANNAH'S SWEET EXTRAS	18
Sweet Collegiate ^{Sweet} Cheat Sheet.....	19

APPENDIX

Appendix A	Hannah's Hats Off!–How to Handle Stress.....	22
Appendix B	Kim's A Beauty - Full Evening Cards.....	23
Appendix C	Graffiti "Tee" Party! Stencil Logo.....	24

Our Sweet Monday Schedule.....	25
Sweet Monday Sample Reminder–Invitation Card.....	26
Sweet Monday Logo and Shoestring Border.....	27
Sweet Monday Birth Certificate.....	28
Sweet Monday Want To-Do List.....	29
Sweet Monday One Sheet.....	31
Sweet Monday is as Simple as ABC.....	32
Smiley Faith–Good News.....	33
Sweet Notes.....	36
Book Order Form.....	37
BSSYP Story.....	38
Sweet Monday is Simple, Sweet & Salty.....	39



Dear Friend,

I met Kim Newlen years ago, when I was a little girl, and remember learning something that has stuck with me for years. She had a huge “smiley face” flag, and with just as big a smile on her face, Sweet Kim taught my sisters and me about having an eternal perspective. Years later, I’m still seeking to live life with an eternal perspective, looking to heaven as my eternal home, and seeking to make eternal dividends while here on earth.



I started my *Sweet Monday* as a senior at Liberty University in Lynchburg, Va. I was looking for something sweet and simple that I could carry out on my poor college-kid budget, a shoe-string sized budget! However, I quickly found that some of the themes in the *Sweet Monday* volumes were not feasible for college-aged women. Consequently, while trying to stay true to *Sweet Monday’s* original themes, we were able to develop monthly lessons that were relevant to a younger audience. What you have now is the fruit of seeking to keep it simple, sweet, and salty in order to reach college-aged women.

Making eternal dividends doesn’t have to be expensive. God’s already paid the price through the giving of His Son, Jesus. What *Sweet Monday* provides is a creative way to reach women in order to share that they are the priceless treasures the death of Jesus Christ paid to redeem. And just as Christ came to earth to reach women where they were, so *Sweet Monday* is excited with another way to reach collegiate women right where they are! Nothing could be SWEETER!

Sweet Peace,

Hannah Ellenburg

GO GOD!
GO SWEET MONDAY!



Sweet Monday

Dear Younger Women, ☺

I have my “so-excited face on” that you desire to *reach out to women one sweet invitation at a time for Christ* with Sweet Hannah and me!

It was my first year in college (35 years ago!) when I told God, outside my dorm room, that I wanted to be “His Girl” every day. You see, a new friend seemed to know God in a more personal, daily way and I wanted to know Him that way too! Because of a kind invitation from her, a few weeks later I told God I wasn’t quite sure what that meant to be His girl, but as much as I knew how to, I was giving Him all of me. I basically told Him to help Himself. All these years by His sweet grace, I am still saying that to Him every day! It is the greatest adventure in life – here and for all eternity to walk with the God of the universe through a personal relationship with Jesus Christ! (Now that calls for a lot of exclamation points!) ☺

I met Hannah Ellenburg through her Mom and Dad soon after she was born! Her parents were friends of mine in college before they were married. Because we were connected in Christ, our friendship continues after 35 years even living miles apart.

Imagine my delight when Hannah called me several years ago interested in women’s ministry and a possible internship. My suggestion was on-the-job training. Hannah quickly started a *Sweet Monday* on her college campus through *Facebook*. (Go Hannah! Go God!) She has modeled creative evangelism for the girls God has placed in her life. I love her style. It is His.

His, too,

Kim Newlen, Founder and President
Leading Women in Creative Evangelism

S.P. Sweet Peas, don’t forget BSSYP! Please read the story on page 38. I was so homesick the first week in college that I cried when I read the first letter in my post office box from my mother. My daddy, now in heaven, scribbled “BSSYP” in the upper left hand corner of the envelope and I couldn’t figure it out! It is now a *Sweet Monday* Staple!





Sweet Acknowledgements

Honor one another above yourselves.

Romans 12:10 NIV

Dawn Goodrich McKee Thank you, Darlin' Dawn, our "Generous God" volunteer graphic artist, who created the logo, the cover and designed Volumes 2-4 of *Sweet Monday, Women's Socials on a Shoestring... Tied to a Generous God*.

Rich Wiewiora and sweet wife, Ruthie Thank you, Sweet Ruthie and Rich, for seeing our need, offering and volunteering your editing expertise for our special collegiate edition of *Sweet Monday!* Your kindness and professionalism in this endeavor are true hugs from heaven!

Sweet Cecilia Pitts Thank you, Sweet Cecilia, for reaching out to me our freshman year in college. I accepted your kind invitation because you seemed to know God in a more personal way than me, and I wanted to know Him like you!

Sweet Anna Billingsley Thank you, Sweet Anna, for modeling thoughtfulness and loyalty in godly friendships for Sweet Cecilia and me since our Montreat Assembly Inn days the summer of 1977! We met as juniors in college. You have originated and organized our reunion road trips back to Montreat, NC, since we were together in 7-7-77. Now, we have reunited in Montreat on 8-8-88, 9-9-99 and 10-10-10! Christ connections in college truly last forever! I love you both.

Sweet Hannah Ellenburg Thank you, Sweet Hannah, for being my "younger woman" and stepping up to the sweet plate to make *Sweet Monday* your own in college and joining me in this creative evangelism effort by *reaching out to women one sweet invitation at a time for Christ*.

Sweet Margie Breeden Thank you, Sweet Margie, for being our wisest volunteer at age 87. You go, Sweet Girl!

Joyful Jamie Breeden Thank you, Joyful Jamie, for being my smart, fun, literal right arm as the Office Manager for *Sweet Monday* since we became a real 501(c)3! You are the loyal light of Christ to all who knock on our pink door and a constant encourager to me. Not only can you read my handwriting but seem to know the right answer to most of my many questions.





SEPTEMBER

Theme Hats Off!

TIED TO A GENEROUS GOD

“Do you not know that in a race all the runners compete, but [only] one receives the prize? So run [your race] that you may lay hold [of the prize] and make it yours. Now every athlete who goes into training conducts himself temperately and restricts himself in all things. They do it to win a wreath that will soon wither, but we [do it to receive a crown of eternal blessedness] that cannot wither. Therefore I do not run uncertainly (without definite aim). I do not box like one beating the air and striking without an adversary. But [like a boxer] I buffet my body [handle it roughly, discipline it by hardships] and subdue it, for fear that after proclaiming to others the Gospel and things pertaining to it, I myself should become unfit [not stand the test, be unapproved and rejected as a counterfeit].” 1 Corinthians 9:24-27 Amplified

We all wear many hats in life. You may be a sister, a daughter, an employee, a babysitter, etc. Those types of hats come in all shapes and sizes, and the crazier our schedules get, the easier it is to let some of those hats weigh us down. Can you think of specific hats that you wear daily?

In 1 Corinthians 9:24-27, we are reminded that despite all the hats we wear, we can still succeed! There is a prize at the end of the race of life, and unlike the early Olympic games, when they gave perishable wreaths as the prize, we can run toward a prize that is unfading. How do we get that prize? We get it by (1) running toward it—staying focused, (2) not giving up or giving in to anything or anyone that may hinder us from getting to it, and (3) most importantly, knowing what that prize is. The Ultimate Prize at the end of life is knowing that Christ’s death, burial, and resurrection has saved you from an eternity spent without Him. He’s already paved the way for you and me to not only succeed in life, but for us to be reconciled to God. If anyone here doesn’t know where they’ll go if they were to die tonight, please talk to me or [Facebook](#) me.

No matter what the race ahead of you looks like this year, I hope and pray that each of you will never give up! Run hard, keep focused, and don’t let circumstances weigh you down.





SEPTEMBER

Theme Hats Off!

Cookie SNICKERdoodles — You're sure to have a LOT of laughs!

Candy Jelly Belly® Jelly Beans — For all the full BELLY laughs you're sure to have!

Come wearing your favorite hat ... the CraziER the better! Prizes will be given for the two most outlandish hats!

- To judge the hats, pass out index cards and markers. Have the girls rank each other's hats on a scale of 1 to 3:
 - 1 = OK, but not *THAT* crazy!
 - 2 = That's *PRETTY* crazy!
 - 3 = OH MY GOODNESS! She was BRAVE to wear that in public!
- Tally the votes and award the two most outlandish hats. If you have a tie, make it fun! Have the girls in the tie stand up in front of everyone and have the other girls cheer for who they think should win. Whichever girl gets the loudest cheers gets the prize!
- For prizes, do whatever you can afford. You could make it funny, like buying a pack of rubber hair bands with a note that says, "For when you have bad hair days and aren't brave enough to wear the hat you have on now!"
- This evening is about the different hats that we wear and how these roles may seem to weigh us down at times. Talk about things that cause stress in our lives and positive ways to handle that stress.
- For more information on stress and ideas of how to handle it, see *Appendix A*.
- Announce your next *Sweet Monday* ... no shoestrings attached!





OCTOBER

Theme *A Beauty-Full Evening*

TIED TO A GENEROUS GOD

How many of you like dressing up? What's your favorite activity to dress up for? (A date? A night out with the girls? To go dancing?) I LOVE the process of dressing up, but after about an hour, I am done. I'm always ready to get back into jeans and a hoodie! You know, though, it's more important to be "dressed up" and "sweet smelling" from the inside out. Clothing styles, makeup styles, and this year's color palettes may all come and go, and outward beauty eventually fades. But being beautiful on the inside never goes out of style! Having a beautiful spirit and a right attitude, knowing how to love others even when you don't necessarily feel up to it, being a gracious person and showing kindness in the face of adversity – all of those things are heart qualities that will make you "sweet smelling" to others around you!

"Therefore be imitators of God, as beloved children; and walk in love, just as Christ also loved you and gave Himself up for us, an offering and a sacrifice to God as a fragrant aroma." Ephesians 5:1-2 NASB

These verses tell us that trying to have the same heart as God means having a heart of love and self-sacrifice. God's Son, Jesus, showed us what true love and self-sacrifice meant when He died on the cross for you and me while we were yet sinners. Christ's life, death and resurrection were beautiful in God's sight ("*a fragrant aroma*") because Jesus paid the price to reconcile us to God. If you'd like to know more, I would love to talk to you either in person or by e-mail! We have the chance to be beautiful women from the inside out, but who says we can't enjoy a little makeup and fashion along the way?





OCTOBER

Theme *A Beauty-Full Evening*

Cookie *Little Debbie® Creme-Filled Chocolate Cupcakes
– Debbie knows what makes a girl feel good!*

Candy *Ring Pops/Candy Necklaces – SWEETS for the Sweet!*

Get ready for a lot of laughs and memories to take home as we learn how to be SWEET smelling on the inside and out.

- Copy Kim's "A Beauty-Full Evening" cards from **Appendix B**, either by using a copier or by handwriting them onto index cards. You can read them aloud yourself, or you can have the girls do it as you perform each step in the makeover.
- As you go through the program, get the girls talking! If you're having them read the cards, ask the next girl to start reading as you begin each new step. As you continue to perform the task, say something like, "*I like to use _____ because it makes my face feel smooth! What are some things that you use?*" Girls love to share their secret tips! You can even say something like, "*Wow, Rachel, your eyelashes always look so long? Do you curl them somehow, or do you use a special kind of mascara?*"
- Personally, one of my favorite tips is to wash off my makeup with a baby's washcloth. They have both a "rough" and "smooth" side that I can use depending on my skin (if it's dry or oily). Also, since they are so small, they dry out easily and don't start to smell like mildew!
- What you'll need: washcloth and water, foundation, cover-up stick, eye shadow, powder blush, lipstick/gloss and perfume.
- Announce your next *Sweet Monday* ... no shoestrings attached!
- See this month's *Sweet Extra!*





NOVEMBER

Theme Mask Away

TIED TO A GENEROUS GOD

A guy once asked me if I was guarded. It threw me off for a moment, because not only was the answer a definite “YES!” but also, because I am so guarded, part of me wanted to keep it chill and say, “No.” So many times I put up a mask, and I’m more comfortable behind it than in who I am. When I hide behind the mask, not only am I not true to myself, but it doesn’t make me any happier. I thought I was guarding my heart, but I had confused guarding my heart with being guarded.

Think about some of the masks that you wear. What are you hiding behind? Are you being over protective, like I was, so that people aren’t seeing the real you? Jesus Christ not only helps us take off the mask, but when we accept Him and His help, He’ll make us into totally new creatures. Think of it like a butterfly coming out of a cocoon! Listen to how He can transform our lives:

“Therefore if anyone is in Christ, he is a new creature; the old things passed away; behold, new things have come. Now all these things are from God, who reconciled us to Himself through Christ and gave us the ministry of reconciliation, namely, that God was in Christ reconciling the world to Himself, not counting their trespasses against them, and He has committed to us the word of reconciliation.” 2 Corinthians 5:17-19 NASB

God sees past the masks and right into our hearts – hearts that are not always loving, kind, or patient; and more importantly, hearts that are sinful. Sin separates us from God and because God is holy, He can not have anything to do with sin. And even though it seems hopeless, it’s not; God loves you and me so much that He provided Jesus Christ to bridge the gap between us and Himself. We can’t earn God’s favor, but through Christ’s death, we can be made at peace with God when we accept Christ as Savior of our lives. As we read in 2 Corinthians, when we place our faith in Jesus Christ, God doesn’t count our sin against us but reconciles us to Himself and makes us new!

The best transformations, the ones that truly last, do not happen on the outside but transform you from the inside out! Seek ways you can take off the masks in your life this week. If you want to know more about being transformed, I would love to talk to you afterwards, or you can e-mail me!





NOVEMBER

Theme Mask Away

Cookie Rice Krispies Treats® – Make these from scratch and let the girls mold them into masks! What better way to take off the mask than to EAT IT!

Candy Tootsie Roll® Pops – It's what's on the INSIDE that counts!

Halloween's just passed. What did you wear?! Come dressed in your Halloween costume! You'll go away with something SWEETER than candy from this night!

- Tonight is all about taking off the mask and being new from the inside out. Get the girls talking about their costumes and why they picked them.
- As you do the devotion, make sure you allow the girls to share, especially when you ask them the question, "What are some of the masks that you wear?" Then, get them talking about ways to take those masks off.
- Also, you don't have to, but you could even give a prize for the most outlandish costume! Whatever you do, remember to dress up! If only one girl comes in costume, you don't want her to feel like she's standing out!
- It's important for the girls to feel that *Sweet Monday* is an accepting, loving environment where they do not have to wear a mask. Make sure this atmosphere is portrayed throughout the evening! A great idea would be to have some type of mask on hand to use as a prop while you do the devotion!
- If you're going to have the girls make masks out of the *Rice Krispies Treats*®, go ahead and make the treats ahead of time, just before the girls arrive, so they're still moldable when it's time to make the masks. This can be fun; you could even use cookie cutters!
- Give the girls an index card or piece of paper and let them write down the dorm-friendly way to make *Rice Krispies Treats*® found in the *Sweet Extra* section.
- Announce your next *Sweet Monday* ... no shoestrings attached!
- See this month's *Sweet Extra*!





DECEMBER

Theme Purse Swap

TIED TO A GENEROUS GOD

Traditionally we would do a purse swap where you switch purses. However, college students have only what they need with them at school. But that gave me an idea; Why not swap what's in your purse?! Here's the application: People are always asking me if I have one thing or another in my purse. One time, someone wanted to borrow some dental floss! The funny thing is, I actually had some! (Kim's friend, Sweet Anna, gave her pink cupcake dental floss for her pink purse!)

But that's the point. What you have in your purse represents you. It shows little parts of your life. What do you have in your purse? What's something that represents you? Now look inside your purse again. Do you see any trash? How hard was it to dig beneath the trash to get what you're holding up?

There will always be things in our lives that need to be taken out: bad manners, bad language, bad habits, and so on. Those are always the first things that people see when they meet us for the first time. What kind of impression are you making?

I like how James describes it.

"Human anger does not produce the righteousness God desires. So get rid of all the filth and evil in your lives, and humbly accept the word God has planted in your hearts, for it has the power to save your souls. But don't just listen to God's word. You must do what it says. Otherwise, you are only fooling yourselves." James 1:20-22 NLT

Take a moment to get something from your purse that you don't mind swapping, and pass it to the girl on your right. Now, I'm passing the trashcan around. Take all the trash from your purse and throw it away. This is exactly what we need to do in our own lives! So many times we have trash in our lives; it's called sin. But with sin, you can't simply throw it away. It's something that we have inherited as part of our human nature. You don't use a dirty rag to clean a mess, do you? No, you use a clean one!

The same principle is true in our own lives: Because we're sinful, we can't get rid of the trash in our own lives. We need Someone who is sinless to do it for us. Jesus Christ, God's Son, is sinless. And because God loves us so much, He sent Jesus Christ to pay for our sin-debt by dying on the cross. It's only through Him that we can be cleansed of sin and the trash and filth in our lives. If you have any questions, I would love to talk to you and tell you more about how Jesus did that and how you can be made clean by Him. I bet each of you is going to go back to your dorm and clean out your purse! Hey, you may even be brave enough to take the trash out of your whole room! Now, THAT would be amazing! 😊





DECEMBER

Theme Purse Swap

Cookie TRASH (Chex Mix®)

Candy Anything with a wrapper: Jolly Rancher® candies, Starburst® fruit chews, Kit Kat® Bars, Tootsie Rolls®, Gum – Make your tongue sweet and get rid of the TRASH!

What gift will you give? What will you get? It's what's on the inside that counts! Bring in your purse ... you might be surprised at what you find deep down in there!

- Have the girls sit in a circle at the beginning of the devotion.
- When you come to the appropriate part of the devotion:
 - (1) Have girls find one random item in their pocketbook and show it to everyone. Ask if they have a funny story about the thing or a reason why they carry it around in their purse!
 - (2) Have the girls pull out all the trash in their purses. Then have everyone look around at all of the trash. (You may have a "WOW! That's a lot of trash!" comment handy.)
 - (3) Have each girl find one item in her purse that she doesn't mind trading. Pass around a colored marker and have each of them write on a piece of trash, "James 1:20-22 – GET RID OF THE TRASH!"
 - (4) Pass around a trash can and have the girls throw away the rest of the trash. Ask them how it feels to get rid of it. Make sure this leads into how they need to get rid of trash in their own lives.
- This lesson can seem a little heavy, so try to keep the mood light by getting the girls talking. Try to keep conversation on cue with the evening's theme, but seek to encourage the girls, reminding them that no matter what the trash in their lives may be, it doesn't have to overwhelm them – just like it doesn't have to overwhelm their pocketbooks!
- Announce your next *Sweet Monday* ... no shoestrings attached!





FEBRUARY

Theme Paul? Who?!?

TIED TO A GENEROUS GOD

"Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more important than food, and the body more important than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?"
Matthew 6:25-26 *NIV*

This is the beginning of a brand new semester for many of us! Are you a little apprehensive for this one as it gets started? I know I have been, and it's funny that the classes that have worried me the most have been my two "fun" electives! How easy it would be to worry! And yet, Matthew 6:25-26 reminds me that God even takes care of the small things in my life! He tells me I don't have to worry about them, because He's going to provide! He'll provide for ALL of my needs! This is His promise to me and to you this semester!

The best news is that if we have a personal relationship with Christ, we don't even have to worry about the future. We'll be spending eternity with God! He provided a way for us to be with Him forever and offers it as a free gift through Jesus Christ His Son. All we have to do is accept it in faith. He loves us and wants a personal relationship with each of us, because we are valuable to Him. He's promised to provide for your and my every need because of His love for us. If you have any questions about having a personal relationship with Christ, my number and e-mail are on the back of the invitation card.





FEBRUARY

Theme Paula Who?!?

Cookie Chocolate Chip Cookies – What's more reminiscent of a homemade meal than this sweet treat?

Candy Chocolate Hearts – for God's LOVE!

Come learn how to make a true Southern meal ... and what's so SWEET about it? You get to EAT it while you learn!

- Menu: fried chicken, green beans, oven-baked macaroni and cheese, and biscuits!
- For many, being in a kitchen setting is warm and inviting. People share more than food as they catch up, get to know each other, and have relaxing conversation! However, if you're on campus, you may not have a kitchen.
- A good alternative to cooking fried chicken would be to share step by step how you prepare your favorite meal. If you do this, then make it fun! Show pictures. Have measuring cups out and act it out. You could even tell them how you accidentally messed up. (That's sure to break the ice and get some laughs! ☺)
- Also, whether you're frying chicken or just telling how, make sure you get the girls involved! Some ideas are below:
 - If you're frying chicken, let the girls fry their own pieces, if they want.
 - Provide index cards so the girls can write down their favorite recipes, then have them switch cards with each other.
 - Have the girls share their own kitchen "accidents"!
- Remember, whatever you do, this is a time for the girls to feel warm and invited. The purpose is to let them know that God's always going to be there and provide for them and their every need. Whatever you decide, keep that focus in mind.
- Announce your next *Sweet Monday* ... no shoestrings attached!
- See this month's *Sweet Extra*!





MARCH

Theme Picture Perfect!

TIED TO A GENEROUS GOD

"He who loves a pure heart and whose speech is gracious will have the king for his friend." Proverbs 22:11 NIV

We each have our best group of friends. What are some sweet memories that you have with them? Proverbs reminds us that friends are those who have the same heart. When the person giving friendship has a pure heart (and when his or her speech is gracious), the one receiving friendship is blessed! The old saying goes, "You have to be a friend to get a friend." Are you a blessing to your friends? How do you treat them? Are your friends a blessing to you? How do they treat you?

You know, the greatest example of a friend is Jesus. We just went around sharing how you try to treat your friends. I bet one of the reasons you treat them well is because you love them. Jesus loved you and me so very much that He gave His life for us. We were separated like enemies from God, but by believing in Jesus as Savior, we can become friends of God. Make it a goal to be a friend who has a pure heart and gracious speech (and to find friends who have the same)! And if you have any other questions about being a friend of God, don't hesitate to ask me.





MARCH

Theme Picture Perfect!

Cookie Brownies – A sure-fire way your friends will know you're treating them SWEET 😊

Candy Sour Patch® Kids – Even when we're sour, we need to be a friend!

So you've got a lot of SWEET memories that you want to display? Come learn different techniques that won't break your budget!

- Here are two creative ideas and instructions how to display pictures on a budget:
 - (1) Buy a cheap frame that is a solid color. (You can get one from a dollar store!) Then use colored markers, paint, or 3D scrapbooking stickers (great if you have a theme!) to decorate the frame.
 - Take glass out of frame. (You don't want to get paint on it!)
 - Think about what picture you are putting in the frame and decorate frame accordingly. You can write a quote or inside joke around the edges, paint a design (it can be as simple as polka dots!) or strategically place the scrapbooking stickers!
 - Let the frame dry, then place glass and picture in frame. Now, you've got a SWEET gift (for yourself or a friend 😊) that won't break your budget!
 - (2) Buy solid-colored paper and magnets. Cut paper into shapes or small size. Add printed pictures and decorate as desired. Attach magnet to the back. Now you've got something cute for your refrigerator or a gift!
- Make sure you get the girls involved and talking. You can demonstrate one or both of the above ideas for the group. You could have each girl bring her own frame to decorate with paint you provide, or you could have the girls share their own ideas.
- Announce your next *Sweet Monday* ... no shoestrings attached!
- See this month's *Sweet Extra*!





APRIL

Theme Clutter Auction!

TIED TO A GENEROUS GOD

Have you looked around your dorm room lately? How much stuff have you accumulated since the beginning of the semester? Does it look more *cluttered* than usual? Where did all of that stuff come from? I remember showing up for college with a carload of stuff determined to make it fit! But I found that I had too much and had to send some of it home. Still, somehow, I've seemed to fill up my room! But before we start tonight, in preparing for the auction I was reminded of a verse.

"Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance and the sin which so easily entangles us, and let us run with endurance the race that is set before us." Hebrews 12:1 NASB

Hebrews 12:1 tells us that things in life, whether it be sins or other hindrances, can weigh us down and keep us from running the race of life. Have you ever received a gift from someone that's just collecting dust in your room? Whether you realize it or not, sin is something that's cluttering up our lives. It's producing attitudes and actions that aren't healthy. But through Jesus Christ, we can lay aside sin and hindrances in our lives and run the race. Jesus Christ already ran the race. Along the way, He came to earth, died on the cross, and rose from the grave. In doing so, He gained victory over sin, death, and the grave. And He promises that if we accept Him as Lord and Savior and if we run toward Him, we don't have to let sin clutter up our lives. If you have any questions about how to let Him de-clutter your life, I would love to talk to you!

OK, everybody ready? Did you bring something tonight to auction off? It's been said, "One man's trash is another man's treasure"! ☺ So let's get this auction started! I may be a poor college kid, but I'm ready to bid up a storm and go away with a new treasure!





APRIL

- Theme Clutter Auction!
- Cookie Oreo® cookies – We don't need any extra clutter; Oreo® cookies are quick and simple!
- Candy Chocolate Coins – These are sure to be a hit as the girls make a good BUY! Or Reese's Pieces® – Don't fall to PIECES over your clutter, auction it!

Bring one item in good condition to be auctioned off, and buy what you want! How much money do you need to bring? NOT A CENT! That's right! What a SWEET DEAL!

- Place various amounts of *Monopoly* money in envelopes.
- Give one envelope out to each girl as she enters. Make sure they don't peak ☺!!!
- Have the girls place all items up front. You'll need one girl to be a "Runner." Her job will be to hold up each item while it is being auctioned off and then run it to the highest bidder.
- Auctioneer (either you or a pre-determined friend) needs to stand up front and auction off each item. Start the bidding at a reasonable price and see how far the buyers will raise the bid. Once the highest bid is in, yell out "Going ONE CLUTTER CLUTTER, Going TWO CLUTTER CLUTTER, GONE CLUTTER CLUTTER!" and bang your "gavel"!
- Go until all items are gone! YOU don't want to be stuck with more clutter!
- Announce your next *Sweet Monday* ... no shoestrings attached!
- See this month's *Sweet Extra*!





MAY

Theme Graffiti “TEE” Party!

TIED TO A GENEROUS GOD

“Let us not give up meeting together, as some are in the habit of doing, but let us encourage one another – and all the more as you see the Day approaching.” Hebrews 10:25 NIV

Sometimes we just need to take time out of our busy schedules to relax and enjoy the people and things around us! We’ve had tests, quizzes, papers, work, friends, and many other things to deal with over the course of the year. Sometimes, we haven’t gotten to hang out with our friends as much as we would have liked.

I’ve found that, as bad as it sounds, sometimes I have to plan time to be with my friends! I can’t just hang out at the drop of a hat! But what’s important is that I make sure I plan that sweet time to see them and enjoy their company. Momma’s always right; you first have to be a friend to get a friend!

You know, God desires a relationship with each of us. But, if we haven’t asked His Son, Jesus, into our lives, we can’t stand before a perfect God, because (as we all know) none of us is perfect. BUT, because God loves us, He provided a way for us to be reconciled to Himself: through accepting Jesus as Lord and Savior. When we do that, we find that Jesus will be the best friend we’ll ever know. He’ll never leave you or disown you. He will always be there for you and me! If you have any questions about how to become a friend of God, don’t hesitate to talk to me or e-mail me!

Hopefully, *Sweet Monday* has allowed you time this semester to relax and have fun among friends! So tonight, enjoy! And just so you remember your time spent among friends, we’re going to do something like we did on the last day of middle school – make and sign tee-shirts!





MAY

Theme Graffiti "TEE" Party!

Cookie Sugar cookies with colored Sprinkles
– What's more graffiti-like than SPRINKLES!?!

Candy Life Savers® – Christ's the best friend you could ever have; He's a true life- SAVIOR!

Come make your own, personal SWEET MONDAY graphic college tee while you enjoy a relaxing assortment of tea! But don't forget – BYOT (bring your own TEE shirt).

- This will be tons of fun, but it can get a little messy, so you might want to find an open field or parking lot where you can spray paint your shirts.
- Get the provided logo from *Appendix C*. Trace it onto a piece of thick plastic or cardboard. Then, cut the logo out, making the plastic/cardboard into a stencil.
- Remember to have the girls bring their own shirt to spray paint.
- Buy or ask people to bring different colors of canned spray paint.
- Cut out pieces of cardboard to place inside the shirt so that the paint doesn't leak through to the other side.
- Have the girls spray their shirts to make any background design or pattern they want. Let each girl spray on the logo using the cut out(s) provided. Another idea for spraying designs on your shirt would be to use objects from nature; e.g., place a large leaf on your shirt, spray tightly around it, remove the leaf and see its outline. ☺
- Have permanent markers available for friends to sign each other's shirts!
- This is the school year's last *Sweet Monday*! Close it out by talking about and reminiscing over some of this year's favorite memories. And just have fun! Remember, FUN & FAITHFULNESS can go together! If you feel like the girls are open to it, you may even say a simple and sweet prayer for the girls, thanking God for them and your time together!
- See this month's *Sweet Extra*!





Hannah's
Sweet
EXTRAS



Sweet Extras

October Depending on how much time you have left, you can also play a game. Split the girls up into two teams. Have one volunteer from each team go across the room. Place a table between the two girls with makeup on it. Have the teams stand on the opposite side of the room from their volunteer. Then give each team a “theme” (such as “80’s Rockstar” or “Valley Girl”). Their goal is to use the makeup to make their teammate look like their given theme. Make the game fun by having the volunteer face *away* from their teammates. (That way the girls will be surprised when they reach the volunteer; they’ll have to think fast to put makeup on her!). Each individual then receives 45 seconds to run across the room and put the makeup on their teammate. Individuals must run back to their team before the next person can go. Once everyone has gone, have the volunteers reveal the finished product. The girls should get a good laugh out of their creativity! You can even provide a prize for the brave volunteers! 😊

November *For those living in a dorm, use the microwave directions to make Rice Krispies Treats®:* In microwave-safe bowl, heat butter and marshmallows on HIGH for 3 minutes, stirring after 2 minutes. Stir until smooth. (Microwave cooking times may vary.) Add *Rice Krispies™* cereal. Stir until well coated. Using wax paper, evenly press mixture into a 13” x 9” x 2” pan coated with cooking spray. Let cool.

February If you don’t know how to cook the above menu, one good place to go is www.food.com!

March Some people are simply not creative, no matter how hard they try. If you’re one of them, don’t get discouraged! This would be a great time to invite a “SWEET SECRET GUEST” who is creative, and have her share ideas or demonstrate ways to display pictures!

April If you don’t have *Monopoly* money, you can make your own \$1, \$5, \$10, and \$20 bills out of colored index cards. Simply use one color for \$1’s, another for \$5’s and so on.

May If you’re brave and have an open space, you can even tie-dye your shirts! Also, don’t forget that this “TEE Party” is a play on words – so provide assorted hot and/or cold TEA for the girls to enjoy! You could even have them each bring their favorite mug!

Another idea for spraying designs on shirts would be to use objects from nature; e.g., place a large leaf on shirts, spray tightly around it, remove the leaf and see its outline. 😊

Sweet Collegiate ~~Cheat~~ Sheet!

- Pray! Pray for the women who are going to come each month.
- Use the buddy-system; get a friend to help with *Sweet Monday*!
- Be creative; resources at your disposal may be different than what the theme calls for.
- See if an individual, church, or campus organization will sponsor you! (A place to host your *Sweet Monday*, snacks for *Sweet Monday*, etc.)
- Make it personal; use your own experiences!
- Make sure you read the instructions for each lesson; they may contain some alternative ideas.
- Use online resources such as *Facebook* or *Twitter*.
- Here are a few ideas for your *Sweet Monday* set up:
 - Bowl of assorted candy for the girls to take to “invite a friend”
 - Nametags
 - First Timer’s sign-in sheet/notebook
 - Extra *Sweet Monday* fliers/invitation with your calendar of events
 - Cute decorations always spruce up the table. They can even coordinate with your theme. Kim suggests we shop from our own dorm room or apartment. For example, we could dump out our own purse and use it for a candy bowl at our purse swap!



- Depending on your preference, you can provide cookies or candy that go with each evening's theme. You'll find suggestions for both with each month. Listed are some things that I provide with my sweet treats:
 - Hot water for hot tea, hot chocolate, or instant coffee.
 - Cream and sugar
 - Plates, napkins, forks, and spoons (for stirring).

You'll notice in the picture that I had three desserts on my first night. I wasn't sure how many girls to expect. Again, I learned that keeping it simple is the best way. So, no more desserts. Cookies and/or candy work better. Just keep in mind how many might show up when you buy cookies or candy for the evening. Three desserts ended up being too much for mine!



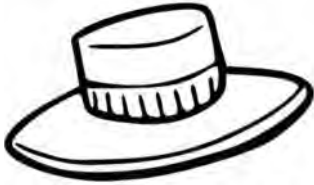
- Don't feel pressured to buy a lot of decorations for your *Sweet Monday* or your theme. But if you do, remember the "Simple" from "Simple, Sweet, and Salty"! (See page 39.) All the table decorations and signs for both tables were bought or made from things found at my local dollar store!
- Have fun!



Appendix

Sweet
Monday





Hannah's Hat's Off – How to Handle Stress

- Stress can come in different forms. It can be caused by different people, situations, events, and so on.
- Before women can reduce stress, they must first ask themselves where they feel their stress is coming from. Once they identify the cause of their stress, they will be better able to reduce it.
- Researchers have posted some great articles on the Web about how to handle stress in a healthy manner. I highly encourage you to look up some of these articles. One site that I found was from the University of Minnesota, where there are a series of articles about stress, its effects, and how to handle/reduce stress. The website is www.extension.umn.edu.
- One idea is to have a godly counselor or trusted, mature, Christian woman come in as a special guest and discuss practical steps to help reduce or handle stress.
- Another idea a trusted teacher gave me was to simply keep a coloring book and crayons on hand and take just 10 minutes each day to color. Why did this work? It helps to take time to focus on something simple, to let your mind and body relax from everything going on. Once your body and mind have relaxed, calm and control can take place, allowing you to once again think clearly about your subject of stress. This may not work for everyone, but it may help a few. 😊
- Finally, get the girls speaking about their stress. Not only will it help them personally to speak about it, but they may receive good advice from others who have been in similar situations. Remember, though, your job is to act as a moderator, so keep the conversation flowing.

Kim's A Beauty-Full Evening Cards

Cleansing

“But [we] were washed, [we] were sanctified,
[we] were justified in the name of the
Lord Jesus Christ and by the
Spirit of our God.”

1 Corinthians 6:11 NIV

1

Foundation

“But each one [of us] should be careful how
[we build]. For no one can lay any foundation
other than the one already laid,
which is Jesus Christ.”

1 Corinthians 3:10 -11 NIV

2

Blot Out

“Have mercy on me, O God, according to your unfailing love;
according to your great compassion blot out my transgressions.

Wash away all my iniquity and cleanse me from my sin.”

Ps. 51:1-2 NIV

☺ Blot out means to erase completely! Isn't that wonderful!

Now, if I can just blot out those dark
circles under my eyes!

3

Eyes

“The eyes of the Lord are on the righteous and
His ears are attentive to their cry.”

Psalm 34:15 NIV

☺ Did you know that you can heat your eyelash
curler with a blow dryer before curling lashes?

Just use caution and make sure
the metal isn't too hot!

4

Cheeks

“If someone strikes you on one cheek,
turn to him the other also.”

Luke 6:29 NIV

☺ Then they will both be the same color!!!
(Very important ☺)

5

Lips

I love lipstick; and since there are over 115 references
in the Bible for lips, I'll give you three:

“Because your love is better than life, my lips will glorify you.”

Psalm 63:3 NIV

“Keep your tongue from evil and your lips from speaking lies.”

Psalm 34:13 NIV

“Your lips are like a scarlet ribbon; your mouth is lovely.”

Song of Solomon 4:3 NIV

6

Perfume

“But thanks be to God, who always leads us in triumphal
procession in Christ and through us spreads
everywhere the fragrance of the knowledge of him.
For we are to God the aroma of Christ among those
who are being saved and those who are perishing.”

2 Corinthians 2:14-15 NIV

7

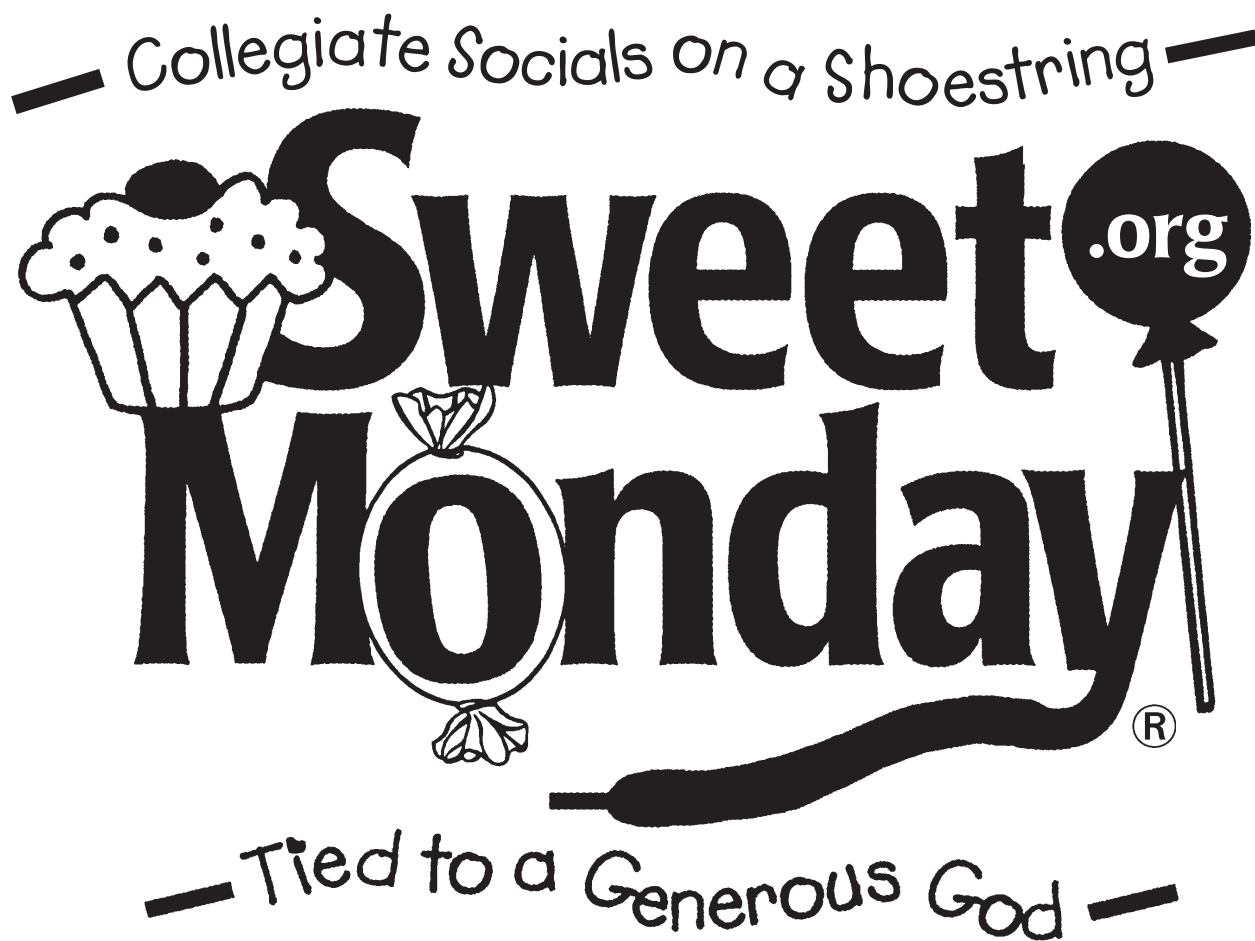
Closing

(Use a personal illustration concerning aromas.)

Every time I smell cinnamon, it takes me back to when I was
a little girl and Momma would boil a pot of cinnamon,
orange peels, nettles, cloves, and other spices. The fragrance
would spread throughout the whole house! To this day, I love when
she puts on a pot! Smells are important!! As you leave tonight,
remember, you are the aroma of Christ! ☺

8

Graffiti "Tee" Party Logo for Stencil



Add name of

COLLEGE/UNIVERSITY

Our Sweet Monday Schedule

7:30 Girls arrive, spotting my *Sweet Monday* sign and table located outside my door.

Located on my table are my *Sweet Monday* "invite a friend" schedules, *First Timers* sign-in book, nametag bucket, and candy dish.

Everyone makes a nametag and heads inside to grab a sweet treat and hang out until we begin!

8:00 Sharp! We gather together and sit wherever a free spot exists.

Welcome. Announce next month's *Sweet Monday* theme.

5-10 minute inspirational gospel message that is practical and personal, tied to the theme. This is a time of encouragement not only for daily living, but encouragement that the girls can know God in a personal and intimate way. It's important that they see the sincerity of your heart; it is a reminder to the girls that the most important thing they leave *Sweet Monday* with is a personal relationship with Christ. The word "encourage" means "give courage to." This is exactly what *Sweet Monday* seeks to do, for if ever there was a time we all need encouragement, it is now!

8:15 Fun program, lots of laughter, sharing, questions, and comments from girls attending or responding to special guest spurring us on.

Be real. Be honest. Be yourself. Remember, GOD does all the work in the girls' hearts!

9:00 Sharp! The girls are physically tired from a long day of school and work! We are so glad that they came, but graciously close the program as you want to honor the girls for the time they have taken to be with you that evening. If you have a presenter and questions are going to run over, I sweetly interrupt and say, "Oh, ladies, it's over at 9:00, and I am committed to stopping on time to honor you." ☀️



Sweet Monday Sample Reminder/Invitation Card

Sweet Monday 2008
Collegiate Socials on a Shoestring...
Tied to a Generous God!
NO SHOESTRINGS ATTACHED!
First Monday of Each Month @ 7:30 pm

Visit our group:
[Sweet Monday on Facebook.com](http://SweetMondayonFacebook.com)

Oct. 6, 2008 A Beauty-Full Evening!
Get ready for a lot of laughs and memories to take home as we learn how to be SWEET smelling on the inside and out!

Nov. 3, 2008 Mask Away!
Halloween's just passed...What did you wear?! Come design a mask that represents you...You'll go away with something SWEETer than candy from this night!

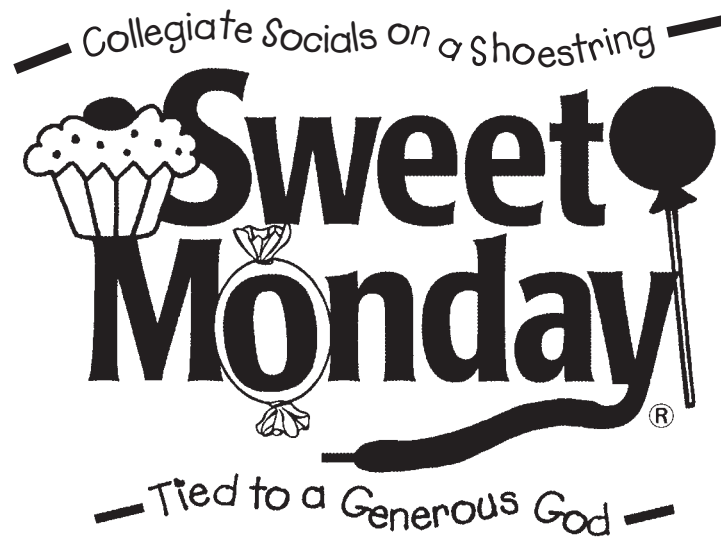
Dec. 1, 2008 'Tis the Season for PURSES
Bring an unwrapped Purse to swap and listen to a super-secret Sweet Guest

NOTE:

I started my Sweet Monday for a class project. It was only supposed to last three months; but the girls and I received such blessings from it that we decided to continue! Sweet Hannah

When you make your invitation, make sure it has ALL the months' themes,
September – May!

**Sweet Monday Logo and Shoestring Border
can be used on flyers, invitations and announcements**



The shoestring border can be photocopied, enlarged and used for an invitation. ☺
When you make your invitation, make sure it has ALL the months' themes, September – May!

(Sweet Kim handwrites "Sweet Monday, Women's Socials on a Shoestring...Tied to a Generous God"
around border before copying so women see there is a spiritual element.)





Sweet Monday® Birth Certificate

Date of Birth of your Sweet Monday:

College _____

First Name _____ Last Name _____

Address _____

City _____ State _____ Zip _____

Cell Phone (____) _____ Home Phone (____) _____

Email _____

Church _____

Comments _____

— Collegiate Socials on a Shoestring • Tied to a Generous God! —

Once your *Sweet Monday* gets underway, please make a copy and mail the completed birth certificate to us. We will add your *Sweet Monday* to our office map so when women call looking for a *Sweet Monday* in their area, we can simply point them to you! We love hearing from sweet hostesses and how you have made *Sweet Monday* your own.

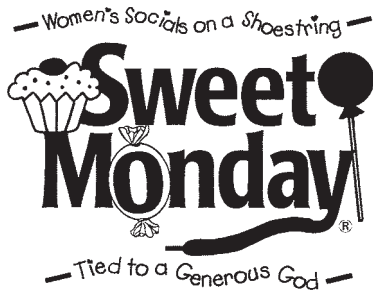
Mail Birth Certificate to: Sweet Monday, 1006 Pump Road, "Sweet" 100, Richmond, VA 23238

Sweet Monday “WANT To-Do” List

- ✓ Abide in Christ. Then God says that we will “bear much fruit.” *John 15:5 NIV*
Fruit is sweet.
- ✓ Choose any day of the week – *Sweet Monday, Sweet Monday* on Tuesday, *Sweet Monday* on Wednesday, whatever is best for you will work best for the girls. Keep one consistent day each month. (The first Tuesday of each month worked best for me and allowed both the girls and me to get settled in on Monday and not have to worry about all the homework we didn’t finish over the weekend! 😊)
- ✓ If you use invitations, provide directions and maybe even an Internet site (such as *Facebook* or *Twitter*) where they can locate you to ask questions. Also, plan for an hour and a half (7:30-9:00 PM sharp!).
- ✓ Host *Sweet Monday* in the same dorm or apartment if possible, or create a homey space in your church. It is too confusing otherwise. We are creatures of habit. Same time, same location really helps attendance. (Also think about where the majority of your girls are coming from; do they have cars or can they get a ride if it is off campus?)
- ✓ All you have to do to get started is to call some friends, drop notes or friendly flyers, or make an inviting announcement at church, in a hall meeting, etc. Before long, word of mouth will have your room filled with that wonderful hum of girls connecting and learning from each other.
- ✓ Remember *Sweet Monday* is not about selling any products or businesses, but *reaching out to women one sweet invitation at a time for Christ*. It is a night of fun, faith, fellowship, food, and genuine encouragement, plus a whole lot of practical ideas and a non-threatening way to introduce girls to Christ!
- ✓ Tell girls they don’t have to bring a thing until the Graffiti “Tee” Party (May), but by all means, they can bring a friend or two or three.
- ✓ Make sure the girls make and wear a nametag, even if they’re returning; this helps new girls feel more comfortable, making the girls around them seem more familiar.
- ✓ Provide a welcome book for the girls to sign as they arrive. Have columns for their name, address, email address, and phone number. In the months to follow have only First Timers sign in. This roster will be invaluable for contacting a girl God places on your heart or for last minute changes like “Sleet Monday.” 😊
- ✓ Welcome the group at large. Depending on size, girls may introduce themselves with name and something about themselves (e.g., a passion in life, their major, etc.). In the months to follow only recognize First Timers.

- ✓ Make announcements during welcome. Tell about the cookie's/candy's theme (as well as next month's theme), and remind the girls of next month's date and time.
- ✓ Eat and mingle for first 30 minutes. This gives latecomers time to arrive before program begins.
- ✓ Remember DECAF drinks at night!
- ✓ Take pictures and display for girls at *Sweet Monday*. A great place to display is on your welcome table or on *Facebook*. 😊
- ✓ Order personalized *Sweet Monday* pencils for girls to take home if budget allows.
- ✓ Provide paper or small pads for women to take notes.
- ✓ Distribute small cards with a year-at-a-glance *Sweet Monday* schedule with dates and themes. These are great reminders for the girls to keep or to give as an invitation. Please feel free to download and use the *Sweet Monday* logo at www.sweetmonday.org. You can also see a sample invitation on the website. I make sure that my invitations say, "*Sweet Monday, Women's Socials on a Shoestring... Tied to a Generous God*", so that girls know there is a spiritual element.
- ✓ For cookies and candy you probably only need to provide a napkin or paper towel. Don't worry about buying plates. 😊
- ✓ I keep the devotional short and sweet (5-10 minutes). Sometimes I still get nervous when I identify myself with Christ and open God's Word. But we are promised that God's Word "will *not* return to [us] empty." (Isaiah 55:11 NIV). I remember that He's at work, and I'm simply the mouthpiece that He's chosen to use. We want to point ourselves and every girl to Christ, THE BEST ENCOURAGER there is! At the end of my devotional, I try to remember to say, "If you have any questions about some of the things I've shared tonight, please feel free to call me or *Facebook* me. My name and number are on the invitation card."
- ✓ With each month's theme I have provided my own devotional. Please feel free to use it if you are not comfortable sharing your own.
- ✓ We can't give out what we don't have, and we can't piggyback on others' spiritual growth. The Lord promises to give us everything we need. He will guide us and never leave us. Spend time with Him and His Word every day. Your love for Him and your love for the girls will grow out of that. He wants to use us more than we want to be used!

You, too, can do *Sweet Monday* and easily make it your own!
 Have fun and relax and always remember that
 FUN & FAITHFULNESS go together! ☀️



Sweet Monday® is creative evangelism. In a simple, economical way, women can launch or revitalize a women's outreach program in a church, neighborhood or workplace by reaching out to women one sweet invitation at a time for Christ.

Home-based Outreach Events

Our monthly home-based socials connect women of all ages and extend a simple invitation to Christ ... no shoestrings attached.

Creative Evangelism Resources

- *Sweet Monday, Women's Socials on a Shoestring... Tied to a Generous God* ~ 4 simple volumes, each containing 12 themed activities with a corresponding devotional. *How-To* instructions included.
- *Sweet Monday, Collegiate Socials on a Shoestring... Tied to a Generous God*
- A training DVD featuring a real *Sweet Monday* & FAQs.
- Companion gift ideas for themes and outreaches.

Women's Ministry Enhancement

Providing connections between the church and local community by showcasing and affirming the gifts and talents of women. *Sweet Monday* energizes and encourages women's ministries by inspiring hospitality and relationship.

Partnership Opportunities

- **General Donations** help make possible the amazing growth of *Sweet Monday* around the world!
- **Gifts** of \$10 - \$10,000+ help to provide for more sweet introductions to Jesus Christ!
- **Sponsorships** of free materials for groups, individuals, and college students who want to start an outreach and share Christ. From \$25-\$75 per person or group.
- **Gifts** "in honor of" or "in memory of" someone.
- **Estate Gifts**

Dynamic Speaker

Kim Newlen, leading women in creative evangelism, is the Founder and President of *Sweet Monday*. She has served as a speaker for the Billy Graham Schools of Evangelism, the Salvation Army, Campus Crusade for Christ, the 700 Club, MOPS, churches, and many organizations.

College Outreach

Sweet Monday is a highly effective tool for young women! We are so excited to make it even more transferable by customizing our resources to the needs of college women!

Sweet Monday is Simple as ABC

Abide in Christ. Then God says that we will *"bear much fruit."* (John 15: 5 NIV) (Remember, fruit is sweet. ☺)

Bring anyone you want without asking permission.

Cookies/candy to match the theme to take home and share!

Drinks for refreshments. (Decaf coffee or tea are great and won't keep you awake!)

Eternity always in mind.

Fun and Faithfulness can go together!!!!!!!

God's Word *"will not return to [us] empty."* (Isaiah 55:11 NIV)

Hospitality is modeled as you hold out the Good News in your dorm.

Introduce girls to Jesus Christ in a non-threatening way. Girls' interests inspire sweet themes.

Jesus is always there! He does all the hard work. Heart changing is His department.

Keep a *First Timer's* sign-in book.

Lots of laughter. *"A cheerful heart is good medicine."* (Proverbs 17:22 NIV)

Monthly because girls have busy lives.

No RSVPs and invite all your neighbors.

Open your dorm/apartment/home/church.

Prompt closing.

Quick cleanup because you've kept it simple.

Reaching out to women one sweet invitation at a time for Christ.

Simple, Sweet and Salty helps you Sow broadly.

Truth of God's Word is always shared.

Used by God as salt as we make ourselves totally available to Him! Girls thirst to know Who we know!

Value each volunteer who offers help.

Women of all ages and stages in life!

X-tra sweet leftovers go to neighbors, RA's, maintenance workers, church, etc.

You can easily make *Sweet Monday* your own!

Zesty. [We] *"are the salt of the earth."* (Matthew 5:13 NIV)



Strength and dignity are her clothing, and she smiles at the future. Proverbs 31:25 NASB • **SMILEY FAITH[®]**

Good News

Strength and dignity are her clothing, and she smiles at the future. Proverbs 31:25 NASB

There is only ONE WAY to be a woman who smiles at the future, because death is a sure guarantee for all of us and those we love.

There is only ONE WAY to smile at the future.

It is to be a woman who knows WHO holds her future – God.

There is only one way to know God personally AND have eternal life when we die AND have abundant life now on earth.

We can know God only through His Son, Jesus Christ, by faith – THIS IS SMILEY FAITH.

It can't be bought or manufactured or faked.

It can't be earned, worked for or served on enough committees for!

It is a free gift, and the only way we can live FREE in the myriad of difficult circumstances in which we find ourselves as we navigate the path of this short earthly life.

By believing and receiving Jesus Christ, we can experience this freedom by faith when all our sin is forgiven. Jesus Christ is our ONE WAY. God in the flesh through His Son, Jesus, tells us in John 14:6, NASB, *"I am the way, and the truth, and the life; no one comes to the Father but through Me."*

Life is short and uncertain, but we can know we have eternal life and be God's girls forever if we:

ADMIT we are selfish and want our own way. This is sin.

The Bible says, *"For all have sinned and fall short of the glory of God." (Romans 3:23, NIV)*

"For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord." (Romans 6:23, NIV)

Recognizing that sin separates us from God now and for all eternity. He made the ONE WAY for us.

BELIEVE in Christ

"For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life." (John 3:16, NIV)

But God demonstrates his own love for us in this: *"While we were still sinners, Christ died [on the cross] for us." (Romans 5:8, NIV)*

RECEIVE Christ by Faith

*"Yet to all who received him, to those who believed in his name, he gave the right to become children of God."
(John 1:12, NIV)*

INVITE Christ into our hearts

Pray this prayer: *Dear Lord Jesus, I admit I am a sinner and ask for your forgiveness. I believe you died on the cross to pay for my sins and rose from the dead for me. I want to be forgiven and free. I want to turn from my sin. I invite You to come into my heart and want to follow You as Savior and Lord. In Your Name, Jesus, Amen.*

Date _____ Signature _____

Contact us at info@sweetmonday.org (or 804-754-4333) and let us celebrate with you!

If we have admitted our need and turned from our sin and prayed this prayer in faith, then we are clothed with Christ now and for all eternity. He is the one who gives us strength and dignity no matter what our earthly lot, and ONLY His plan of salvation enables us to smile at the future and live SMILEY FAITH every day. We can be assured we are going to heaven and live with anticipation in all we have to look forward to now and in heaven with Christ. (See S. P. below).

Be encouraged, too, that our loving God assures us in our decision to follow Him. We should NOT put our faith in our feelings as women, because, boy, do they fluctuate. We should take what God says is true by faith regardless of how we feel!

"God has given us eternal life, and this life is in his Son. He who has the Son has life; he who does not have the Son of God does not have life. I write these things to you who BELIEVE in the name of the Son of God so that you may KNOW THAT YOU HAVE ETERNAL LIFE." (Emphasis mine. 1 John 5:11-13 NIV)

Now, let's bring glory and honor to God together. We can do so by lifting up His name and reputation in a world desperately moving toward isolation and away from a relationship with Him and others.

"Your name and renown are the desire of our hearts." (Isaiah 26:8, NIV)

His,
Kim 

S.P. (Sweet Pea) *"No eye has seen, no ear has heard, no mind has conceived what God has prepared for those who love him." (1 Corinthians 2:9 NIV)* We can smile at the future...SMILEY FAITH ☺

BOOK ORDER FORM

Copies of *Sweet Monday, Women's Socials on a Shoestring...Tied to a Generous God* and *Sweet Monday, Collegiate Socials on a Shoestring...Tied to a Generous God* may be ordered (or purchased online with a credit card at www.SweetMonday.org) for you, your church, a friend, as a gift or for a women's ministry or group. Books are \$18.50 each which include shipping and handling. All profit from sales of *Sweet Monday* materials and products support this 501(c)3 nonprofit creative evangelism effort!

Checks should be payable to **Sweet Monday**. *Virginia Residents add 5% sales tax for total of \$19.30 per book.*

For orders outside the United States, books are \$16.00 each plus shipping and handling of \$11.00 per order (whether ordering 1, 2, 3 or 4 books). All payments must be in US dollars, US checks or US money orders.

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Would you like us to add a personal message? Example: Happy Birthday, Merry Christmas, Happy Mother's Day, Thinking of You, Sweet Amy! From Sweet Lauren

Your sweet message: _____

Order a **Sweet Monday** T-Shirt today for just \$20 which includes shipping and handling.

___ S # ___ M # ___ L # ___ XL # ___ 2XL # ___ 3XL

Order a **Sweet Monday** Training DVD for \$15.00 (includes shipping and handling).

Watch and learn how Kim hosts a **Sweet Monday** in her home!

_____ (Qty) – **Sweet Monday** Training DVD – \$15.00

TOTAL AMOUNT ENCLOSED: \$ _____

Sweet Monday • 1006 Pump Road • "Sweet" 100 • Richmond, VA 23238

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WWW.SWEETMONDAY.ORG



BSSYP

Be Sweet and Say Your Prayers

For 25 years, my Sweet Daddy sealed every letter and package to me with **BSSYP**. It stood for the words he had said to me my whole life – Be Sweet and Say Your Prayers. Now it dons the back of my PINK truck and the license plate on my family car.

When I was a freshman in college, a thrilling “first letter from home” was sitting in my campus mailbox awaiting my enthusiastic response. It was obvious that Mama had addressed it, but Daddy had scribbled “**BSSYP**” in the upper left-hand corner of the envelope.

For the life of me, I could not figure out its meaning. Out of curiosity and probably homesickness, I immediately called home. I remember part of our conversation as if it were yesterday:

“Daddy, what is **BSSYP**?”

“Sugar, it is what I’ve told you all your life. Be sweet and say your prayers.”

For many years, Daddy never missed leaving his mark on each letter or package that my Mama carefully and lovingly addressed. **BSSYP** survived graduation from college, graduate school, marriage and now our first baby!

My unique tribute to Mama and Daddy is a perpetual Virginia license tag with **BSSYP** on it. The look on my parents’ faces when I drove home for the first time donning my “tribute tags” was priceless. God only knows how many people have inquired about its meaning over the years.

I’ve never tired of sharing this tribute about my special parents, Bo and Maxine Bowman. I taught school almost ten years and an old license plate always adorned my classroom. The students inquired about it without fail and were given a little extra credit when they sought out its meaning and told me the next day. They loved it!

Imagine my joy in giving my parents an autographed copy of Dennis Rainey’s book *The Tribute* (Thomas Nelson Publishers, Nashville, Tennessee, 1994) in which a letter from me, about my parents, was published!

This **BSSYP** tribute has already been passed on to our daughter as a tribute from her special, special grandparents, my Mama and Daddy, and now to you, my *Sweet Monday* sisters!

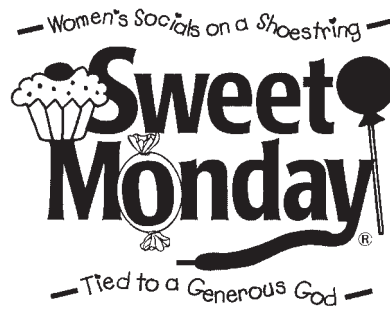
BSSYP,

His,

Kim



B S S Y P



The *Sweet Monday* mission is
reaching out to women one sweet invitation at a time for Christ.

Simple...

Seek first the kingdom of God.

Matthew 6:33 NKJV

Sweet...

*How sweet are your words to my taste,
sweeter than honey to my mouth!*

Psalms 119:103 NIV

Salty...

You are the salt of the earth.

Matthew 5:13 NIV

Sweet Monday®

1006 Pump Road

"Sweet" 100

Richmond, Virginia 23238

804-754-4333

info@sweetmonday.org

www.sweetmonday.org

Encourage one another and build each other up.

1 Thessalonians 5:11 NIV



"My experience with *Sweet Monday* has been sweet, delightful and spiritual. Kim Newlen has found a creative innovative way to reach and teach women about Christianity. Being English by birth it delights my heart to see *A Proper English Tea Party* invested with evangelistic zeal – along with additional themes such as *Hairdos and Hairdoozies*, *Sweet Monday* (on exercising) and *Clutter Auction!* It is, among other things, a participatory way to involve women in a discovery of Jesus and His transforming power."

~Jill Briscoe, Author



"Every reference about hospitality in Scripture is mentioned in the context of brotherly love. *Sweet Monday* is an effective outreach to the unreached within reach; hospitality and love tied together, in a non-threatening, non-pressuring way. Sweet!"

~Rachael Crabb, author of *The Personal Touch*, encouraging others through hospitality and Wife of Dr. Larry Crabb, author, psychologist, Bible Teacher, Morrison, CO



"Kim Newlen's *Sweet Monday* is a great example of how to spread the good news by demonstration, not proclamation. Beautiful in its simplicity, it's a wonderful way for women to connect to God's love and each other."

~Ken Blanchard, cofounder of the Lead Like Jesus ministry and coauthor of *Lead Like Jesus: Lessons from the Greatest Leadership Role Model of All Time*, San Diego, CA



"Kim Newlen's heart for evangelism and creative programming themes combine to provide an opportunity for fun, faith and fellowship to provide encouragement to women of all ages and non-threatening ways to introduce women to Christ. Kim's credibility lies in the fact that she has lived out this ministry in her own home for the past 16 years."

~Major Dawn Luyk, The Salvation Army Arkansas/Oklahoma Director of Women's Ministry, Oklahoma City, OK



"*Sweet Monday* has been a powerful tool to use at our university. I open my home each month to the thirty chaplains on campus for fellowship and training and encouragement so that they will carry these ideas back to their dorms and share Christ among the students. It fits my budget just fine and is GREAT fun! My goal is to see these girls carry this method of evangelism all over the world."

~Ruth McWhite, Director of Women's Ministry, North Greenville University, Greenville, SC



"God gives different people different visions and ideas for reaching those His son died to save. Kim's way is unique and effective!"

~Gwen Mansini, Urban Ministries, Richmond, VA



"I am writing to encourage you about how God has used a dynamic ministry here at West End Presbyterian Church and around the world. The Lord has raised up *Sweet Monday* to win women to Christ, offer hospitality to the lonely and enfold women into the church."

~Dr. Steven Shelby, Pastor, West End Presbyterian Church, Richmond, VA



Kim Newlen, a leader in women's creative evangelism worldwide, is Founder and President of *Sweet Monday*[®], a nonprofit ministry with a mission of *reaching out to women one sweet invitation at a time for Christ*. A former Campus Crusade for Christ staff member, she has trained women in outreach at the Billy Graham Schools of Evangelism Global Conferences, The Salvation Army Officer Training and retreats, MOPS, and many churches throughout the United States. Kim lives in Richmond, VA, with her husband, Mark, and their daughter, Kali. ☀️

